



SaDSA Update

20th July 16

Hi All

Congratulations to **Scarborough** and **Pocklington Dolphins** on winning their respective **Ridings League** divisions.

Also congratulations to our **Yorkshire Open Water** medallists:

- Kingfishers
 - 15-16 Girls Gold Claire Bamford, Silver Elisha De-Alker;
- Masters Men 35-44 Gold Chris Duck,
45-54 Gold Richard Witty,
- Women 55-64 Gold Jeanette Richards
- Pocklington 17-18 Girls Bronze Katrina Stanton
- Ryedale 12-14 Girls Bronze Issy Nicholls
- Scarborough 17-18 Girls Gold Emma Clapton;

Masters Men 25-34 Gold Mark Hepples,
Women 25-34 Gold Sarah Roberts

In 2015 a proposal was put forward to change the way Ridings League Galas were scored to reward swimmer performance (time achieved) rather than the position achieved. This was rejected as it was likely to create different gala results and that testing was required.

All Ridings League galas so far this year, in 25m pools, have been processed using this system of swimmer performance compared to a Ridings League Standard Time (RLST) for each event. Note that the same RLST applies to all divisions. Please find attached a number of files which you may find of interest.

Ridings League and Border League tables

Ridings League Table by RLST performance: This sheet shows all the results using RLST Comparative Performance. Division 2 have only two counting galas at the moment.

Age Group Competition spreadsheet: Two sheets, boys and girls, showing individual age group rankings using RLST Comparative Performance. Division 2 have only two counting galas at the moment.

2016 RLST July 9th Comparison: All three divisions were in action on the same day. These results are processed and presented so a clear view can be seen of how the system would have affected each gala result. It also allows a direct comparison between overall club performances as well as individual age groups.



SaDSA Update

20th July 16

I have also attached copies of the SaDSA Championship details and entry form – remember this is the chance to win the medals and become the district champion for 2016.

A number of clubs have Masters sections, as well as ex swimmers coaching; would there be any interest in staging a SaDSA Masters Gala? Let me know.

Finally Open Water Training is going very well – 73 swimmers so far this season with a record 44 last Monday.

Steve Roberts
Competition Secretary