



Scarborough and District Swimming Association

2nd SaDSA Masters Swimming Gala

Saturday 18th November 2017

Warm Up: 4.30pm Gala: 5.00-7.00pm (provisional)

Ryedale Swimming Pool, Pickering

Following the success and positive feedback from swimmers we are holding our 2nd Masters Gala. All swimmers (18yrs and over) who have attended training at their SaDSA club, taken part in SaDSA Competitions, coached/helped at their club or taken part in the District Open Water Training, are invited to swim. Once again this gala is intended to celebrate the increased number of mature swimmers and tri-athletes involved in the District, and is appropriate for all ability levels.

Events will be swum as mixed heats to maximise pool time. Initially swimmers are limited to 3 events; if space is still available on the closing date, this will be opened up to all entrants. Our event last year was run and officiated in the main by age group swimmers - it is hoped this can happen again - offers of help would be appreciated!

Events:

Event 1 Mixed 100m Freestyle

Event 2 Mixed 50m Backstroke

Event 3 Mixed 50m Breaststroke

Event 4 Mixed 100m Individual Medley

Event 5 Mixed 50m Freestyle

Event 6 Mixed 50m Butterfly

Event 7 Mixed 200m Freestyle

Age Groups (age as 31st December 2017):

Senior 18-24yrs

Masters A 25-29yrs

Masters B 30-34yrs

Masters C 35-39yrs

Masters D 40-44yrs

Masters E 45-49yrs

Masters F 50-54yrs

Masters G 55-59yrs

Masters H 60-64yrs

Masters I 65+yrs

Awards

Medals for 1st, 2nd and 3rd placed male and female in each age group, in each event.

Entries

£3 per event (cheques payable to SaDSA); it is essential to have an entry time, even if it is just an estimate.

Email entries to derwent.house.sr@btinternet.com or post to SaDSA Masters, Derwent House, Ings Lane, Brompton by Sawdon, Scarborough, YO13 9DS

Closing date is 4th November or when full! Entry fees must be received by this date as well.

Spectators - £2 per person - however, space is limited, so pre-booking is advisable.